

Ministry of Reconciliation
A New Dimension

**21-DAY
DANIEL FAST**

JANUARY 2025



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21 DAY DANIEL FAST

"Word From the Lord For 2025"

"FAITH RUNNING WITH GOD'S SUPERNATURAL VISION"

Habakkuk 2:2 NKJV

REVIVAL - A FRESH NEW HUNGER FOR THE HOLY SPIRIT

Our Objective: REVIVAL, FRESH FIRE, RESTORATION, IN OUR PERSONAL LIFE, FAMILY, CHURCH, COMMUNITY, CITY, AND NATIONS!

Why are we praying and fasting? It is for Fresh New Anointing, Wisdom, Spiritual Growth, Renewal, Guidance, and for Healing, etc....

The Lord answered me and said: "Write the vision and make it plain on tablets, That he may run who reads it." **Habakkuk 2:2 NKJV**

That your **FAITH** should not stand in the wisdom of men, but in the **POWER OF GOD. 1 Corinthians 2:5 KJV**

But without **FAITH** it is impossible to please *Him*, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him. **Hebrews 11:6 NKJV**

Blessed *and* fortunate *and* happy *and* spiritually prosperous (in that state in which the born-again child of God enjoys His favor and salvation) are those who hunger and thirst for righteousness (uprightness and right standing with God), for they shall be completely satisfied! **Matthew 5:6 AMPC**



WHY WE FAST

Fasting is a principle that God intended for everyone to be able to enjoy. It's not a punishment; it's a privilege! By making fasting a way of life, you can get closer to God and grow in your spiritual walk like never before. Fasting is one of the most powerful weapons God has given us for our daily lives. Through fasting, you can experience a release from the bondage of sin...restoration in your relationships... financial blessings...spiritual renewal... supernatural healing and so much more!

THE PURPOSE OF THIS FAST IS REVIVAL, FRESH FIRE, AND RESTORATION IN OUR PERSONAL LIFE, FAMILY, CHURCH, COMMUNITY, CITY, AND NATIONS!

JANUARY 2025 21 DAY DANIEL FAST

Meditation Readings

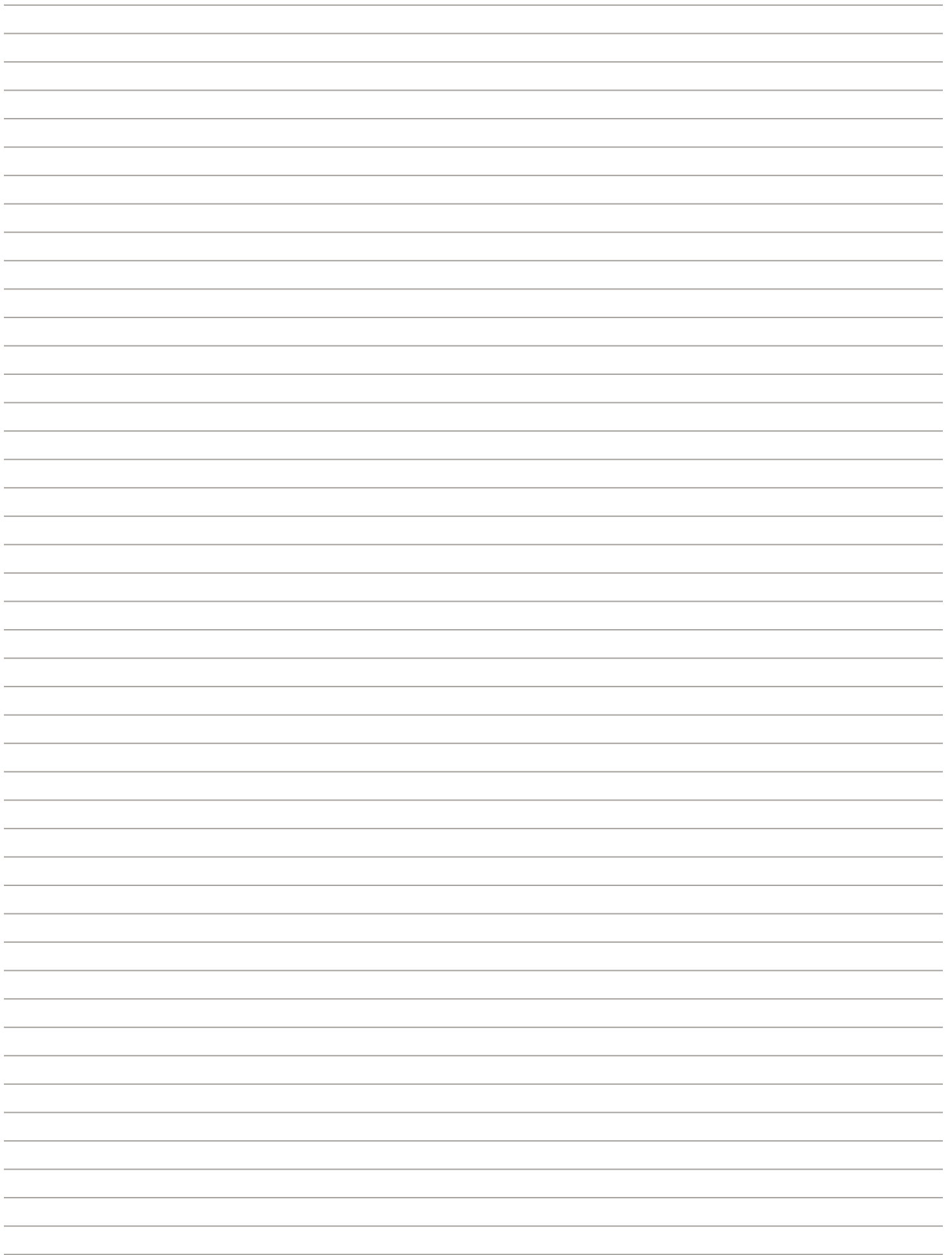
"FAITH RUNNING WITH GOD'S SUPERNATURAL VISION"

The Lord answered me and said: "Write the vision and make it plain on tablets, That he may run who reads it." **Habakkuk 2:2 NKJV**

Make A New Commitment: And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship HIM.

Romans 12:1 NLT

DAY	READINGS
JAN 6	Make A New Commitment. Read Romans 12:1 NLT
JAN 7	Ask the Holy Spirit to reveal anything that is in your life that does not please God. Read 2 Chronicles Chapter 7. AMPC, Psalms Chapter 139, & I Corinthians 2:10-12 AMPC
JAN 8	Seek forgiveness from all whom you have offended, and forgive all who have hurt you. Most of all receive forgiveness from GOD! When you forgive, God will forgive you! Read Psalms Chapter 51, Ephesians Chapter 5 and 1 John 1:9.
JAN 9	Examine your motives in every word and deed: Ask the Lord to search and cleanse your heart daily. Read Isaiah Chapter 58 and Colossians Chapter 3.
JAN 10	Ask the Holy Spirit to guard your walk against complacency and mediocrity: Read Romans Chapters 8 AMPC, and Jude Chapter 1 AMPC.
JAN 11	Surrendering your life to Jesus Christ as your Lord and Savior: Develop total dependence on HIM with total submission, and humility. Read Acts Chapter 1 and Romans Chapter 12.
JAN 12	Walk in the Newness of LIFE: Read Acts Chapters 2, and 2 Corinthians Chapter 5.
JAN 13	Meditate on the Attributes of God: HIS Love, Sovereignty, Power, Wisdom, Faithfulness, Grace, Compassion, Holiness, Righteousness, Mercy, etc. Read Acts Chapters 3 & 4.
JAN 14	Blessed are they that Hunger and thirst after righteousness: Read Acts Chapters 5 & 6.
JAN 15	Fellowship Daily with The Holy Spirit: Read Acts Chapters 7 & 8, and 1 John Chapter 1.
JAN 16	Appropriate the continual fullness and control of the Holy Spirit by Faith: Read Acts Chapters 9 & 10, and Galatians Chapter 5 AMPC.
JAN 17	Love God with all of your heart, soul, mind, and strength: Read Matthew 22, and Acts Chapters 11 & 12.
JAN 18	Health, Healing & Wholeness: Read Psalms 103:1-5, 3 John 2, and Acts Chapters 13 & 14.
JAN 19	Prayer: Pray without ceasing. Read 1 Thessalonians Chapter 5, Acts Chapters 15 & 16, and Philippians Chapter 4.
JAN 20	Fast and Pray Daily: Personal Revival, Revive us again LORD. Read Psalms 85:6, Psalms 119:88 AMPC, Matthew Chapter 4 and Acts Chapters 17 & 18.
JAN 21	Praying and Interceding for the Lost: Reaching People, and Changing Lives. Read Luke 14:15-24, Matthew 9:37-38, Mark 16:15-18, and Acts Chapters 19 & 20.
JAN 22	Determine to live a holy, godly life of Obedience and Faith: Read Acts Chapters 21 & 22, 1 Corinthians 6:19-20 AMPC, and 1 Peter Chapter 2.
JAN 23	Faithfulness: Read Acts Chapters 23 & 24, Matthew 25:23, and Hebrews Chapter 11.
JAN 24	Unity In The Body: Read John Chapter 17, Eph. Chapter 4 and Acts Chapters 25 & 26.
JAN 25	Expect A New Supernatural Impartation From The Holy Spirit: Read Acts Chapter 27 and John Chapter 16 AMPC, and 1 Corinthians Chapter 12.
JAN 26	Expect Answers to your Prayers: Believe and Receive! Read Mark Chapter 11, Acts Chapter 28, and 1 John Chapter 5
JAN 27	Praise and give thanks to God continually all the time, regardless of your circumstances: Read Psalms 100:1-5, Psalms 9:1-2, and Psalms Chapter 136.



DANIEL FAST FOOD AND DRINK LIST

All Whole Grains

(Fresh, Frozen, Dried, or Canned)

Brown Rice	Oats	Barley
Buckwheat	Bulger	Corn
Grits	Millet	Quinoa
Popcorn	Whole Wheat	Wild Rice

Legumes

(Fresh, Frozen, Dried, or Canned)

Black Beans	Black Eyed Peas	Chickpeas
Peas	Cannellini Beans	Dried Beans
Lentils	Kidney Beans	Pinto Beans
Split Peas	White Beans	

Fruits

(Fresh, Frozen, Dried, or Canned)

Apples	Apricots	Bananas
Blackberries	Blueberries	Boysenberries
Cherries	Cranberries	Dates
Figs	Grapes	Grapefruit
Guava	Kiwi	Lemons
Limes	Mangoes	Melons
Nectarines	Oranges	Papayas
Peaches	Pears	Pineapples
Plums	Prunes	Raisins
Raspberries	Strawberries	Tangelos
Tangerines	Watermelon	

Vegetables

(Fresh, Frozen, Dried, or Canned)

Artichokes	Eggplant	Peppers
Asparagus	Garden Cress	Potatoes
Beans	Garlic	Radishes
Bean Sprouts	Ginger Root	Rutabagas
Beets	Jicama	Spinach
Broccoli	Kale	Sweet Potatoes
Brussel Sprouts	Leeks	Tomatoes
Cabbage	Lettuce	Turnips
Carrots	Mushrooms	Turnip Greens
Cauliflower	Okra	Zucchini
Celery	Onions	Veggie Burgers
Corn	Parsnips	
Edamame	Peas	

Others

Liquid Oils: Canola, Corn, Grape Seed, Olive, Peanut, Safflower, Soybean, Sunflower

Nuts & Seeds: Almonds, Brazil nuts, Cashews, Filberts, Peanuts, Pecans, Pumpkin Seeds, Sesame Seeds, Sunflower Seeds, Walnuts & Nut Butters

Liquids: Water, 100% All-Natural Fruit Juices, & 100% All-Natural Vegetable Juices

Foods to Avoid

All Meat & Animal Products (beef, lamb, pork, poultry, & fish)

White Rice

Caffeine

Food Containing Preservatives or Additives

White flour and all products using flour

All Dairy Products (Milk, cheese, cream, butter, and eggs)

Fried Foods

Carbonated Drinks

Refines Sugar and Sugar Substitutes

Margarine, Shortening, & High-Fat Products

Other Things to Avoid

Negative Words Social Media TV